

Cunningham Hill Junior School

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Dear Year 4 Parents (Class 5 & 6)

Year 4 - Thursday Swimming Autumn Term 2021

Swimming lessons for Class 5 and 6 children will start at Westminster Lodge Pool on Thursday 9th September and continue through to Thursday 16th December 2021.

Swimming is a compulsory national curriculum subject. It is a requirement that children leave primary school being able to swim 25m in a range of competent strokes. **If there is a medical reason why your child cannot swim, the class teacher will require written confirmation.** Please read the guidelines below.

It is necessary to ask parents for a contribution towards transport and entrance to the pool, the cost per session is £3.00. For the Autumn Term the total cost will be £42.00 but can be paid in instalments. Please pay by ParentMail.

Please ensure your child has his/her swimming kit on Thursdays. The children will leave at 9.20am and return by 11.15am.

Yours sincerely

J Elbourne-Cload
Executive Headteacher

Swimming Guidelines

Absence from swimming

Swimming is part of the national curriculum and it is very important that all children take part each week. If a child is well enough to be at school they are usually well enough to go swimming as well. If there is an exceptional reason why your child is at school and cannot go swimming you must send a letter in explaining this to the class teacher.

Goggles

We prefer children not to have goggles, but we understand that many children feel more confident when wearing them. However we are not able to take responsibility for any injuries caused as a result of wearing them. Please could you ensure that the goggles are adjusted to the correct size in advance and that your child is able to put them on independently.

Swimming Caps

All children with long hair or long fringes will need to wear a swimming cap. This ensures that children do not have impaired vision and applies to both girls and boys alike. It would be helpful if you could teach your child to put their own cap on by themselves.

Swimming bags

Please could you make sure your child has a small named swimming bag that fits their clothes once removed (not a plastic bag) and remember to check that all clothes (including pants and shoes), costumes and towels are named as these do sometimes go astray.

Tights

As the children have to remove their shoes and socks before entering the changing rooms it would be very helpful if girls could wear socks instead of tights on Fridays as this speeds up the process.

As you can imagine, children do find organising themselves independently quite a challenge when they first start swimming so your help with all these things make the whole process a lot smoother and is greatly appreciated.