



Here at the Alzheimer's Society, we are celebrating **Dementia Action Week 16th – 20th May 2022** and in St Albans, we would like to create a display of knitted, crocheted and coloured Forget-me-nots to adorn the Museum, and trail through town to the Library.

The purpose of this week, is to raise awareness of Alzheimer's and Dementia, and help people understand what support is available and where to access it. So to spread the word as much as possible through our community, we are asking local schools to colour in a Forget-me-not in Blue and Yellow to be displayed in town.

- 1. Cut the Forget-me-nots out**
- 2. Colour the Forget-me-nots in Blue and Yellow**

Please let me know on or before 1st May 2022 when you have coloured some in.

Additionally, we are going to make a display of knitted and crocheted forget-me-nots inside the museum. If anyone would like to contribute, we would love all your submissions.

[Layout 1 \(tamworth.gov.uk\)](http://tamworth.gov.uk) – this is the suggested pattern, but I found a better one on YouTube.

[Alzheimer's Society - United Against Dementia \(alzheimers.org.uk\)](http://alzheimers.org.uk)

Please don't hesitate to contact me if you can help, or if you would like me to come and collect.

Thank you for your support.

Clare Alexander & Sue Stenzel

Clare Alexander (She/her)

Reporting Analyst – Organisational Data Team

Alzheimer's Society
Homeworker

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