

TOUCH GLOVES



GET CHILDREN FIGHTING FIT 6 WEEK BOXING PROGRAMME

Get children physically and mentally ready to take on anything with our six week specifically designed KS2 boxing programme!

Each class will have 45 mins per week with a licensed amateur boxer and qualified coach. In that time children will develop new skills, mental and physical strength tips and tricks, have fun and feel ready to take on the world... or the afternoon of lessons!

The programme isn't just physically active. We focus on nutrition, mindset and well-being as well as covering all the key sports premium indicators.

Impact:

"Boxing had taught me new ways to exercise to help my mental and physical health"

- Year 6 student

Impact:

"The boxing sessions really boosted my energy and made me happier during school. I enjoyed the sessions so much"

- Year 5 student

IMPACT:

"What a fantastic opportunity for our children! It was truly inspiring"

- Year 6 Teacher



Impact:

"I just wanted to carry on boxing and never stop"

- Year 4 student

To book please contact: info@challengesporteducation.co.uk

For more info see: www.challengesporteducation.co.uk