

Week 1 commencing 18th July, 1st September, 19th September, 10th
October 2022

All meals served with salad/ vegetables and pudding

Monday

Macaroni Cheese (v)

Vegan Chilli topped potato wedges (Ve)

Jacket potato with cheese (v)

Cheese sandwich (v)

Packed lunch

Tuesday

Chicken pie with potatoes

Mild vegetable curry with rice (Ve)

Halal chicken pie with potatoes

Jacket potato with beans

Ham roll

Packed lunch

Wednesday

Roast pork loin with stuffing, roast potatoes/ pasta

Vegan sausages with gravy and roast potatoes/ pasta (Ve)

Halal chicken roast with stuffing, roast potatoes/ pasta

Jacket potato with tuna

Tuna baguette

Packed lunch

Thursday

Beef burger in a bun with diced potatoes

BBQ Quorn fillet with savoury rice (v)

Jacket potato with cheese

Chicken wrap

Packed lunch

Friday

Battered fish fillet with low fat chips/ pasta

Cheese and tomato pizza with low fat chips/ pasta (v)

Jacket potato with beans

Egg roll (v)

Packed lunch

Week 2 commencing 5th September, 26th September, 17th October

All meals served with salad/ vegetables and pudding

Monday

Pork sausages and gravy with creamed potatoes

Roasted vegetable lasagne with garlic bread (v)

Jacket potato with cheese (v)

Tuna baguette

Packed lunch

Tuesday

Organic beef bolognese with pasta

Tomato and cheese tart with potato wedges (v)

Jacket potato with baked beans (v)

Halal chicken mayo wrap

Packed lunch

Wednesday

Roast chicken with stuffing with roast potatoes/ pasta

Veggie 'meat-free balls' with roast potatoes/ pasta (ve)

Halal chicken roast with stuffing, roast potatoes/ pasta

Jacket potato with tuna

Ham roll

Packed lunch

Thursday

Quorn pattie in a bun with potato wedges (v)

Mild Mexican fajita with rice (ve)

Jacket potato with cheese (v)

Cheese sandwich (v)

Packed lunch

Friday

Fish fillet fingers with low fat chips/ wholemeal pasta

Cheese and tomato pizza with low fat chips/ pasta (v)

Jacket potato with baked beans (v)

Egg roll (v)

Packed lunch

Week 3 commencing 11th July, 12th September, 3rd October

All meals served with salad/ vegetables and pudding

Monday

Chicken grill with potato wedges

Italian pasta bake with crusty bread (ve)

Halal chicken pasta bake with crusty bread

Jacket potato with cheese (v)

Tuna baguette

Packed lunch

Tuesday

Quorn hot dog with diced potatoes (v)

Roasted tomato ragu with pasta (Ve)

Jacket potato with baked beans (v)

Cheese sandwich (v)

Packed lunch

Wednesday

Gammon roast with roast potatoes/ pasta

Cheese and broccoli bake with roast potatoes/ pasta (v)

Halal chicken with roast potatoes/ pasta

Jacket potato with tuna

Chicken mayo wrap

Packed lunch

Thursday

Organic beefy pasta bake with mixed salad

Savoury quiche with new potatoes (v)

Jacket potato with cheese (v)

Ham roll

Packed lunch

Friday

Crispy coated salmon with potato wedges/ pasta

Cheese and tomato pizza with chips (v)

Jacket potato with beans (v)

Egg roll (v)

Packed lunch