Cunningham Hill Schools
Cell Barnes Lane St. Albans Herts AL1 5QJ
Executive Headteacher: Ms J Elbourne-Cload BSc, PGCE, NPQH
Email: infants@cunninghamhill.herts.sch.uk
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Tel: 01727 857524 (Infant) or 01727 852911 (Junior)

16.10.26

Dear Parents and Carers,

I wanted to share a few SEND-related resources and opportunities that may be helpful for families.

DSPL7 Parent Support
DSPL7 regularly offers free parent coffee mornings, workshops and information sessions covering topics such as autism, ADHD, anxiety, emotional wellbeing and school attendance. Details of upcoming events can be found on the DSPL7 website. Delivering Special Provision Locally - Support booklets and training courses for families

Children's Mental Health and Neurodiversity Resources
Nip in the Bud is a free resource for parents and carers, offering expert-led films, factsheets, articles and podcasts on a wide range of topics including autism, ADHD, anxiety, dyslexia, school refusal and emotional wellbeing. The resources are designed to help families better understand children's mental health and neurodivergence and provide practical strategies to support children at home.

Half-Term Opportunity
The Watford Community Sports & Education Trust is running a free SEND & Pan-Disability Football Camp for young people aged 9-16 with a special educational need or disability on 26th and 27th October, 10am-2pm, at Meriden Community Centre. All abilities are welcome. The flyer is attached for anyone who may be interested.
Kind regards,
Mr Jeffrey

Tom Jeffrey
SENDCo
Cunningham Hill Federation
senco@cunninghamhill.herts.sch.uk

WATFORD COMMUNITY SPORTS & EDUCATION TRUST
REGISTERED CHARITY NO: 1102239

SKECHERS

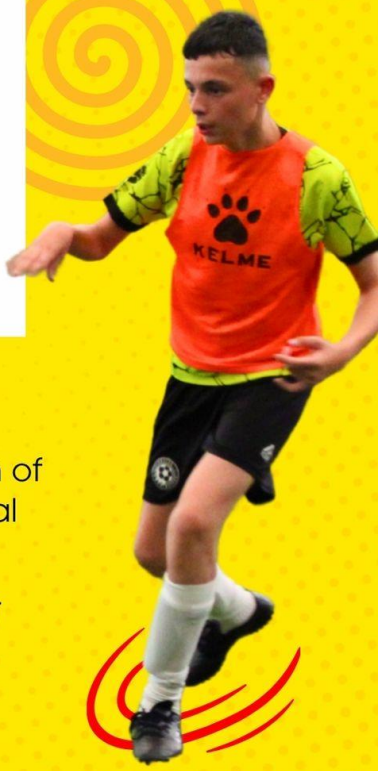
FREE!

SEN & Pan-Disability

ALL ABILITIES WELCOME

FOOTBALL CAMP

26TH AND 27TH OCTOBER
10AM-2PM



@ MERIDEN COMMUNITY CENTRE

For young people aged 9-16 with any form of physical and/or learning disability or special educational need.

Whether this be for a first time footballer, or someone with some experience, why not come along and give it a go!

To register your interest, please scan the code and fill out the form.

DSPL7 Delivering Special Provision Locally and Vista Support Services

2026/7 SEND Coffee Morning

DSPL7 & Vista host **DROP IN** coffee mornings where School and SEND Family Workers are available to support parents / carers of children with SEND regardless of a diagnosis. This is an informal and safe place for parents / carers to share information and chat. The DSPL7 SEND Lead and other professionals are also available for discussions.

There is no need to book to attend this coffee morning

Venue:

The Hub, Fleetville Junior School, 228 Hatfield Road, St Albans, AL1 4LW. The Hub is to the right hand side of the school building at the bottom of the car park.

****There is no parking available onsite, but 3 hours free parking is available nearby in Morrisons supermarket****

Running alongside our drop in coffee mornings, there is also the opportunity to reserve a 25 minute appointment to speak to professionals between 9:00am - 12:00pm.

Appointments

There is also an opportunity to book a slot with a professional.

To book an appointment:
Please email admin@dspl7.org.uk

Dates	Professionals attending
Wednesday 7th October	**Add- Vance** - Autism and ADHD
Tuesday 24th November	**Early Years Advisory Team** and **PALMS**
Tuesday 26hJanuary	Harri Nicholas- **NESSIE**: anxiety, Mental health and EBSNA
Tuesday 16th March	Thelma Mugovera - **Ask Sali** (ECHP Advice)
Wednesday 12th May	Sarah Garvey - **Mental Health Support Team**
Tuesday 29th June	Jess Pickles **- First Steps Eating Disorders, Arfid,**

Vista contact details: 01727 519128 info@vistasupportservices.org.uk www.vistasupportservices.org.uk
DSPL7 contact details: 01727 519229 admin@dspl7.org.uk www.dspl7.org.uk